

ELL Strategies List – Practical Guide

This free ELL Strategies List is designed to help you improve your English learning journey. Keep it on your phone or print it for daily reference.

Listening and Speaking Drills to Do Alone or With a Partner

- Practice shadowing: listen to a native speaker and repeat what they say immediately.
- Record yourself reading aloud and compare your pronunciation with the original audio.
- Have short daily conversations in English with a partner or online language buddy.
- Describe your surroundings out loud to practice thinking in English.
- Use tongue twisters to improve pronunciation and fluency.

Cultural Immersion Suggestions to Help You Think in English

- Watch movies or series in English—first with subtitles, then without.
- Listen to English songs and look up the lyrics.
- Follow English-speaking influencers or YouTubers on topics you enjoy.
- Cook recipes using English instructions.
- Join local or online events where English is the main language.

Daily Vocabulary Practice Tips for Faster Word Recall

- Learn 5–10 new words each day and use them in sentences immediately.
- Review vocabulary with flashcards or apps like Anki and Quizlet.
- Group words by themes (e.g., travel, work, hobbies) for easier recall.
- Use sticky notes to label objects around your home in English.
- Test yourself at the end of the day to check retention.

Reading Comprehension Activities for All Skill Levels

- Read short news articles daily and highlight new words.
- Summarize each paragraph in your own words.
- Read graded readers (simplified books) for your skill level.
- Join a book club or reading group to discuss English texts.
- Use online quizzes to test your understanding of what you read.

Self-Assessment Checklists to Track Your Growth Week by Week

- Set weekly goals for speaking, writing, and vocabulary learning.
- Record yourself speaking at the start and end of the week to track improvement.
- Review your vocabulary list and mark mastered words.
- Reflect on listening comprehension by noting what you understood from a podcast or show.
- Rate your confidence in different English skills on a 1–10 scale.